

# Summer Fun Season

**Martin's**  
Famous  
POTATO ROLLS  
AND BREAD

## Kayaking Packing List

LET'S  
GO

### The Essentials

- Kayak
- Paddles
- Life jacket or Personal Flotation Device (PFD)
- Cell phone
- Credit card/Small amount of cash
- Water bottle

### Snacks

- Food
  - Sandwiches on **Martin's Rolls**
  - Trail mix
  - Fruit
- Small cooler
- Bag for trash

### Apparel

- Water shoes
- Sunglasses w/strap
- Swimsuit or water resistant clothing
- Sun-shielding hat
- Waterproof watch
- Waterproof bag/backpack
- Change of clothes/towel (for car ride home)

### Safety Gear

- Sun screen
- Bug spray
- Hand sanitizer
- Lip balm with SPF
- First aid kit
- Compass
- 2 Way Radio
- Flash light/head lamp
- Emergency signaling whistle
- Waterproof matches/lighter
- Safety knife
- Signal flare
- Bilge pump
- Kayak repair kit

### Extra Preparedness

- Waterproof phone case
- Waterproof wallet
- Toilet paper

### Activity Gear

- Waterproof camera
- Waterproof speaker
- Fishing gear
- Permits/Licenses (if needed)
- Binoculars
- Goggles

