

# Hearty & Homey Recipes – 7 Night Winter Meal Plan

## Shopping Checklist

### Baked Goods:

- 1 Pack Martin's Party Potato Rolls (24 Rolls)
- 1 Pack Martin's Potato Bread (16 Slices)
- 1 Pack Martin's Dinner Potato Rolls (12 Rolls)
- 1 Pack Martin's Old-Fashioned Real Butter Bread (16 Slices)
- 1 Pack Martin's Hoagie Rolls (6 Rolls)

### Fresh Produce:

- 1 Lemon
- 2 Heads Garlic
- 1 Shallot
- 8 Cups Mixed Salad Greens, such as baby spinach and arugula
- 8 Large Figs
- 4 Medium Yellow Onions
- 1 Red Bell Pepper
- 4 Medium Red Potatoes
- 10 Yukon Gold Potatoes
- 7 Large Carrots
- 1 Head Celery
- 2/3 Pound Green Beans (about 2 cups)
- 8 Ounces Baby Portabella Mushrooms
- 1 Large Head Cauliflower

### Meat:

- 1-2 Whole Rotisserie Chickens (6-7 Cups, shredded)
- 5 Strips Bacon
- 3-4 Pounds Chuck Roast
- 2 Pounds Sirloin Steak (or other preferred cut of beef)

### Dairy:

- 2 Cups Mozzarella Cheese, shredded
- 10 Tablespoons Unsalted Butter (1 ¼ Stick)
- 6 Ounces Manchego Cheese
- 1 Cup Half-and-Half
- 4 Ounces Cream Cheese
- 6 Slices Fresh Mozzarella Cheese
- 1 1/2 Cups Whole Milk
- 1 Cup Shredded Cheese Blend\*
- 4 Slices Provolone Cheese\*
- 1/4 Cup Heavy Cream

*\*Feel free to substitute cheeses for other types*

**Condiments:**

- 1 Cup Mayonnaise
- 1 Teaspoon Dijon Mustard
- ½ Teaspoon Honey
- 3 Tablespoons Champagne Vinegar
- ¾ Cup Balsamic Vinegar

**Herbs/Spices:**

- 1 Bunch Fresh Thyme (at least 15 Sprigs)
- 1 Bunch Fresh Sage (at least 20 Leaves)
- 1 Bunch Fresh Rosemary (about 10 Sprigs)
- 1 Small Bunch Parsley
- 1 Small Bunch Fresh Chives, optional
- Fresh Tarragon, optional
- 2-3 Teaspoons Dried Basil (or 1 Cup, fresh)
- Fresh Basil, to garnish
- 2 Bay leaves
- 2 Cinnamon Sticks
- 20 Whole Cloves

**Canned/Dried Goods:**

- 1 (8 oz.) Can Creamed Corn
- 2 (6 oz.) Cans Tomato Paste
- 1 Can (15-16 oz.) Butter Beans
- 4 Cups Chicken Stock
- 8 Cups Beef Stock
- 1 (14.5 oz) Can Beef Broth
- 2 Teaspoons Beef Bouillon
- 6 Cups Vegetable Stock

**Frozen Foods:**

- 1 ½ Cups Corn Kernels (or about 3-4 Ears)

**Kitchen Staples:**

- Extra-Virgin Olive Oil (at least 1 Cup)
- Kosher Salt and/or Sea Salt (at least 4-5 Teaspoons)
- Freshly Ground Black Pepper (at least 2-3 Teaspoons)
- 1 Tablespoon All-Purpose Flour
- 2 Large Eggs
- ¼ Cup Corn Starch
- ½ Cup Warm Water